

Professional Nursing in Canada

Course Description

Professional Nursing in Canada is designed to review professional concepts, issues, and practices for Registered Nurses in Canada. The course focuses on the development of critical thinking, evidence-based practice, effective communication skills, an introduction to legal and ethical frameworks, and the Canadian health care system. Concepts related to health promotion, family nursing, cultural humility, harm reduction, trauma-informed care, Indigenous health, health literacy and nursing research are also explored. These concepts will be explored through four different but inter-related lenses: Health, Person, Nurse and Environment (commonly referred to as the Metaparadigm of Nursing).

If this course is a requirement to meet educational gaps it must be completed prior to or in conjunction with other required course in the program.

Course Outcomes

By the end of the course the learner will:

1. Describe the expectations and roles of Registered Nurses in the delivery of health care in Canada.
2. Examine professional responsibilities, legal and ethical standards, and the standards of safe, compassionate, competent and ethical nursing practice in Canada.
3. Identify the meaning of health, health promotion and disease prevention strategies, population health, health determinants, and common health problems of Canadians.
4. Describe how health and wellness care is delivered in the Canadian health care system, including an understanding of patient-centered collaborative care, the role of family, and safety/quality concepts.
5. Apply community health and epidemiological principles as practiced in Canada.
6. Indicate how to practice culturally safe and trauma-informed nursing with diverse patient populations in Canada.
7. Apply the nursing process and teaching and learning principles to teach clients, families and communities.
8. Develop critical thinking skills related to assessing, planning, implementing, and evaluating nursing care measures, incorporating evidence-based practice.
9. Explore the palliative approach to care in the Canadian health care system.

Format of Course

Learning will be facilitated through online units, required readings, and online discussion activities. Online discussion forums will review theoretical information, foster discussion with classmates and provide opportunities to seek clarification from experienced faculty. An assignment and a group presentation will also be required. Learners are expected to complete required online units independently as per the course schedule provided. Each unit contains learning objectives to help organize studying.

Content

Units	Topics
1	What is Health? <ul style="list-style-type: none">• Concept of health• Determinants of health• Health issues• Trauma informed practice
2	Population Health and Health Promotion <ul style="list-style-type: none">• Primary health care• Population health• Health promotion/disease prevention
3	Palliative Approach to Care in Canada <ul style="list-style-type: none">• The history of palliative care• The palliative approach• Advance care planning• Pain• MAiD• Cultural aspects of palliative care
4	Diversity <ul style="list-style-type: none">• Diversity, culture & cultural humility• People of the Maritimes• Health Inequities• Indigenous People• Spirituality and nursing care• Complementary & alternative health care
5	Patient Centered Collaborative Care (PCCC) <ul style="list-style-type: none">• Principles of PCCC

Units	Topics
	<ul style="list-style-type: none"> • Family diversity • Health care team • Collaborative practice
6	<p>The Profession of Nursing in Canada</p> <ul style="list-style-type: none"> • Self-regulation • Nursing as a profession • Entry-level competencies • Scope of practice • Continuing competence, fitness to practice • Reflective practice • Standards of practice • Leadership
7	<p>The Nursing Process and Care Planning</p> <ul style="list-style-type: none"> • Critical thinking and nursing judgment • Nursing process and decision making • Care planning
8	<p>Patient Teaching and Learning</p> <ul style="list-style-type: none"> • Nurse as educator • Teaching/learning process • Teaching /learning principles • Teaching approaches in nursing • Health Literacy • Information technology and education
9	<p>Values, Ethics and Legal Issues in Canadian Nursing Practice</p> <ul style="list-style-type: none"> • CNA Code of Ethics • Ethical issues • Legal limits of nursing • Legal liability in nursing • Limiting the chance of legal or professional discipline action • Informed consent and confidentiality
10	<p>Health Care Delivery</p> <ul style="list-style-type: none"> • History of Medicare • Privatization • Health Care Delivery in Canada • Continuum of care

Units	Topics
	<ul style="list-style-type: none"> • Challenges to health care system
11	<p>Community Based Nursing Practice</p> <ul style="list-style-type: none"> • Community health nursing • Community health assessment • Epidemiology • Roles in community health nursing • Harm Reduction • Global health issues • Emergency preparedness
12	<p>Safety and Quality Improvement in Nursing</p> <ul style="list-style-type: none"> • Safety in health care • Workplace safety • Quality Improvement • Violence/Interpersonal • Routine Operating Procedures • Trends
13	<p>Nursing Research and Evidence-Informed Practice</p> <ul style="list-style-type: none"> • Evidence-informed practice • Nurse role in research • Critical inquiry • Nursing informatics