



EAT LOCAL,
EXPERIENCE
GLOBAL

BREAKFAST

BREAKFAST BUFFET

MINIMUM 20 GUESTS I PRICES ARE PER GUEST

(V) -VEGAN. (VEG) -VEGETARIAN. (GF) -GLUTEN-FREE. (DF) -DAIRY FREE

THE CONTINENTAL

\$22.50

- FRESH SLICED FRUIT WITH BERRIES
- BUTTER CROISSANTS WITH WHIPPED BUTTER AND PRESERVE
- GRANOLA WITH YOGURT
 (APPLE, APRICOT, BLUEBERRY COMPOTE, MAPLE YOGURT)

THE EAST COAST

\$25.50

- FRESH FRUIT SALAD WITH BERRIES
- FLUFFY STEAMED FRESH SCRAMBLED EGGS WITH BUTTER AND CREAM
- COMFORT BREAKFAST POTATOES WITH PEPPERS AND ONIONS
- CRISPY SMOKED BACON (3 PIECES)
- ADD SAUSAGE (1 PIECE)

+ \$1.50 / PER PERSON

THE MARITIMER

\$24.50

- CARVED SEASONAL FRUIT & BERRIES
- BUTTERMILK PANCAKES WITH MAPLE SYRUP
- BELGIUM WAFFLE WITH BERRIES COMPOTE AND WHIPPED CREAM
- CRISP SMOKED BACON (3 PIECES)
- ADD SAUSAGE (1 PIECE)

+ \$1.50 / PER PERSON

MORNING GLORY

\$24.50

- CARVED SEASONAL FRUIT & BERRIES
- HAM & CHEESE FRITTATA

OR

- PESTO ROASTED VEGETABLE FRITTATA
- CRISPY SMOKED BACON (3 PIECES)
- ADD SAUSAGE (1 PIECE)

+ \$1.50 / PER PERSON

ON THE RUN

\$22.50

- BREAKFAST SANDWICH- FRIED EGG WITH CHEESE, SPINACH SPREAD, BACON, TOMATO ON ENGLISH MUFFINS
- FRESH WHOLE FRUIT
- FRUIT YOGURT
- APPLE, CARROT, AND OATMEAL MUFFINS

BREAKFAST BOX

\$19.95

- FRESH FRUIT
- FRUIT YOGURT
- MARMALADE & WHIPPED BUTTER,
- JUICE
- CHOICE OF
 - LARGE CROISSANT (HAZELNUT, ALMOND OR PLAIN)
 OR
 - LARGE DANISH PASTRY
- DISPOSABLE CUTLERY

ADD TO YOUR BREAKFAST

 BREAKFAST PASTRIES, MUFFINS & FRENCH BUTTER CROISSANTS, JAM, 	
MARMALADE & WHIPPED BUTTER	\$3.95
ASSORTED CEREALS & MILK	\$5.95
ORANGE, OAT GRANOLA BAR	\$4.50
BAGELS WITH CREAM CHEESE	\$4.50
SMOKED SALMON & BAGEL WITH WHIPPED CREAM CHEESE, CAPERS &	
PICKLED RED ONIONS	\$14.50
ASSORTED CHEESE WITH FRUIT	\$11.00
• SEASONAL WHOLE FRUIT	\$3.25
• INDIVIDUAL MUFFINS	\$3.95
BOILED EGGS (2 EGGS)	\$5.50

FAVORITES BY THE DOZEN

 ASSORTMENTS OF MUFFINS WITH WHIPPED BUTTER AND PRESERVE \$45.00/DOZEN

• BUTTER CROISSANTS (PLAIN AND CHOCOLATE) WITH WHIPPED BUTTER AND PRESERVE

\$45.00/DOZEN

 ASSORTMENT OF DANISH PASTRIES WITH WHIPPED BUTTER AND PRESERVE \$45.00/DOZEN

VARIETY OF FRESHLY BAKED COOKIES \$38.00/DOZEN

 ASSORTED SQUARES AND TARTS \$41.00/DOZEN

TEA BISCUITS PLAIN AND CHEDDAR CHEESE. & PRESERVE

\$40.00/DOZEN

 COFFFF CAKES/ APPLE CINNAMON CHOCOLATE RASPBERRY, LEMON OR MAPLE

\$45.00/D07FN

FLORENTINES

\$33.00/DOZEN

FRUIT SALAD

\$9.50/PER PERSON

BAGEL WITH CREAM CHEESE

\$40.00/DOZEN

BREAKFAST SMOOTHIES (12 OZ)

 ESPRESSO, BANANA, PEANUT BUTTER, HONEY, AND ALMOND MILK 	\$10.50
COCONUT, PEAR, PINEAPPLE WITH CHIA SEED AND MINT	\$10.50
 SPINACH AND APPLE WITH HONEY, KALE, CUCUMBER, AND LEMON 	\$10.50

\$10.50

\$4.50

• ORANGE, TURMERIC, GINGER AND

PUMPKIN SEEDS

HEALTHY TREATS	
OATMEAL BOWL WITH ALMOND MILK TOPPED WITH PEANUT BUTTER AND JAM	\$6.50
YOGURT GRANOLA BOWL TOPPED WITH CHOCOLATE COCONUT CRISPS	\$7.50
ALMOND, CRANBERRIES, ORANGE, AND PEANUT BUTTER BAR	\$4.50
GLUTEN FREE, COCOA, BLACK BEAN, AND COFFEE BROWNIES	\$4.50
GLUTEN FREE APPLE, CARROT, AND OATMEAL MUFFINS	\$4.50

• CHIA SEEDS, OATS, DATES PUMPKIN SEED

AND HONEY LOLLIPOPS

BEVERAGES

COFFEE OR TEA	\$4.25
• JUICE (ORANGE, APPLE, OR CRANBERRY)	\$4.25
• WATER BOTTLE	\$4.25
• SPARKLING WATER	\$4.75
• FLAVOURED SPARKLING WATER	\$4.75

COFFEE OR TEA BY THE POT

• 10 CUPS	\$40
• 30 CUPS	\$119
• 60 CUPS	\$237