



# EAT LOCAL, EXPERIENCE GLOBAL



## BREAKFAST BUFFET

#### MINIMUM 20 GUESTS I PRICES ARE PER GUEST

(V) -VEGAN, (VEG) -VEGETARIAN, (GF) -GLUTEN-FREE, (DF) -DAIRY FREE

### THE CONTINENTAL

- FRESH SLICED FRUIT WITH BERRIES
- INDIVIDUAL FRUIT YOGURT
- GRANOLA WITH YOGURT (APPLE, APRICOT, BLUEBERRY COMPOTE, MAPLE YOGURT)

### • THE EAST COAST

- FRESH FRUIT SALAD WITH BERRIES
- FLUFFY STEAMED FRESH SCRAMBLED EGGS WITH BUTTER AND CREAM
- COMFORT BREAKFAST POTATOES WITH PEPPERS AND ONIONS
- CRISPY SMOKED BACON (3 PIECES)
- ADD SAUSAGE (1 PIECE)

### • THE MARITIMER

- CARVED SEASONAL FRUIT & BERRIES
- BUTTERMILK PANCAKES WITH MAPLE SYRUP
   OR
- BELGIUM WAFFLE WITH BERRIES COMPOTE AND WHIPPED CREAM
- CRISP SMOKED BACON (3 PIECES)
- ADD SAUSAGE (1 PIECE)
- MORNING GLORY
  - CARVED SEASONAL FRUIT & BERRIES
  - HAM & CHEESE FRITTATA
    - OR
  - PESTO ROASTED VEGETABLE FRITTATA
  - CRISPY SMOKED BACON (3 PIECES)
  - ADD SAUSAGE (1 PIECE)

### • ON THE RUN

- BREAKFAST SANDWICH- FRIED EGG WITH CHEESE, SPINACH SPREAD, BACON, TOMATO ON ENGLISH MUFFINS
- FRESH WHOLE FRUIT
- FRUIT YOGURT
- APPLE, CARROT, AND OATMEAL MUFFINS

#### + \$1.50 / PER PERSON

### \$24.50

\$22.50

\$25.50

+ \$1.50 / PER PERSON

\$24.50

#### + \$1.50 / PER PERSON

### \$22.50

### BREAKFAST BOX

## \$19.95

- FRESH FRUIT
- FRUIT YOGURT
- MARMALADE & WHIPPED BUTTER,
- JUICE
- CHOICE OF
  - LARGE CROISSANT (HAZELNUT, ALMOND OR PLAIN) OR
  - LARGE DANISH PASTRY
- DISPOSABLE CUTLERY

## ADD TO YOUR BREAKFAST

BREAKFAST PASTRIES, MUFFINS & FRENCH BUTTER CROISSANTS, JAM,	
MARMALADE & WHIPPED BUTTER	\$3.95
<ul> <li>ASSORTED CEREALS &amp; MILK</li> </ul>	\$5.95
• ORANGE, OAT GRANOLA BAR	\$4.50
• BAGELS WITH CREAM CHEESE	\$4.50
<ul> <li>SMOKED SALMON &amp; BAGEL WITH WHIPPED CREAM CHEESE, CAPERS &amp;</li> </ul>	
PICKLED RED ONIONS	\$14.50
ASSORTED CHEESE WITH FRUIT	\$11.00
<ul> <li>SEASONAL WHOLE FRUIT</li> </ul>	\$3.25
<ul> <li>INDIVIDUAL MUFFINS</li> </ul>	\$3.95
BOILED EGGS (2 EGGS)	\$5.50

## FAVORITES BY THE DOZEN

 ASSORTMENTS OF MUFFINS WITH WHIPPED BUTTER AND PRESERVE \$45.00/DOZEN BUTTER CROISSANTS (PLAIN AND CHOCOLATE) WITH WHIPPED BUTTER AND PRESERVE \$45.00/DOZEN ASSORTMENT OF DANISH PASTRIES WITH WHIPPED BUTTER AND PRESERVE \$45.00/DOZEN VARIETY OF FRESHLY BAKED COOKIES \$38.00/DOZEN ASSORTED SQUARES AND TARTS \$41.00/DO7EN TEA BISCUITS PLAIN AND CHEDDAR \$40.00/DO7EN CHEESE & PRESERVE COFFEE CAKES/ APPLE CINNAMON. CHOCOLATE RASPBERRY, LEMON OR \$45.00/DOZEN MAPI F \$33.00/DOZEN FLORENTINES \$9.50/PER PERSON FRUIT SALAD BAGEL WITH CREAM CHEESE \$40.00/DOZEN

## BREAKFAST SMOOTHIES (12 OZ)

<ul> <li>ESPRESSO, BANANA, PEANUT BUTTER, HONEY, AND ALMOND MILK</li> </ul>	\$10.50
<ul> <li>COCONUT, PEAR, PINEAPPLE WITH CHIA SEED AND MINT</li> </ul>	\$10.50
<ul> <li>SPINACH AND APPLE WITH HONEY, KALE, CUCUMBER, AND LEMON</li> </ul>	\$10.50
<ul> <li>ORANGE, TURMERIC, GINGER AND PUMPKIN SEEDS</li> </ul>	\$10.50
HEALTHY TREATS	
OATMEAL BOWL WITH ALMOND MILK     TOPPED WITH PEANUT BUTTER AND JAM	\$6.50
YOGURT GRANOLA BOWL TOPPED WITH CHOCOLATE COCONUT CRISPS	\$7.50
<ul> <li>ALMOND, CRANBERRIES, ORANGE, AND PEANUT BUTTER BAR</li> </ul>	\$4.50
<ul> <li>GLUTEN FREE, COCOA, BLACK BEAN, AND COFFEE BROWNIES</li> </ul>	\$4.50
<ul> <li>GLUTEN FREE APPLE, CARROT, AND OATMEAL MUFFINS</li> </ul>	\$4.50
<ul> <li>CHIA SEEDS, OATS, DATES PUMPKIN SEED AND HONEY LOLLIPOPS</li> </ul>	\$4.50

ALL PRICES ARE SUBJECT TO 19% SERVICE CHARGE AND 15% HST

## BEVERAGES

• COFFEE OR TEA	\$4.25
• JUICE (ORANGE, APPLE, OR CRANBERRY)	\$4.25
• WATER BOTTLE	\$4.25
• SPARKLING WATER	\$4.75
• FLAVOURED SPARKLING WATER	\$4.75
COFFEE OR TEA BY THE	POT
• 10 CUPS	\$40

• 30 CUPS	\$119
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• 60 CUPS	\$237
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