



EST 1981 · RE-EST 2017

BREAKFAST BUFFET

MINIMUM 20 PERSONS

THE CONTINENTAL

MANDARIN DRESSED FRUIT SALAD OR WHOLE FRUIT
INDIVIDUAL FRUIT YOGURT BIRCHER MUESLI
SWISS STYLE WITH COCONUT, APPLE, APRICOT, HONEY, YOGURT, CREAM AND
MILK (\$16.50)

ADD: BREAKFAST FRUIT AND CREAM PASTRIES, MUFFINS & FRENCH BUTTER
CROISSANTS JAM, MARMALADE & WHIPPED BUTTER (\$3.50)

THE EAST COAST

MANDARIN DRESSED FRUIT SALAD
FLUFFY STEAMED FRESH SCRAMBLED EGGS WITH BUTTER AND CREAM
COMFORT BREAKFAST POTATOES WITH PEPPERS AND ONIONS
CRISP DOUBLE SMOKED BACON (3PIECE) OR SAUSAGE (2PIECES)
(\$19.50)

ADD: BREAKFAST FRUIT AND CREAM PASTRIES, MUFFINS & FRENCH BUTTER
CROISSANTS JAM, MARMALADE & WHIPPED BUTTER (\$3.50)

TEX-MEX

SPICED SCRAMBLED EGGS ENCHILADAS WITH BLACK BEANS, BACON, PEPPER,
ONION, CORN, CHEESE WITH SALSA AND SOUR CREAM
COMFORT CAJUN STYLE POTATOES WEDGES
CHURROS- SWEET TREAT ROLLED IN SUGAR AND CINNAMON
(\$19.50)

THE MARITIMER

CARVED SEASONAL FRUIT & BERRIES PANCAKES WITH MAPLE SYRUP
OR
BELGIUM WAFFLE WITH BERRIES COMPOTE AND WHIPPED CREAM
CRISP DOUBLE SMOKED BACON (3PIECE) OR BAKED BREAKFAST SAUSAGES
(\$19.75 - 2 PIECES)

ADD: BREAKFAST FRUIT AND CREAM PASTRIES, MUFFINS & FRENCH BUTTER
CROISSANTS JAM, MARMALADE & WHIPPED BUTTER (\$3.50)

MORNING GLORY

CARVED SEASONAL FRUIT & BERRIES
HAM & CHEESE FRITTATA
OR
PESTO ROASTED VEGETABLE FRITTATA
CRISP DOUBLE SMOKED BACON (3PIECE) OR BAKED BREAKFAST SAUSAGES
(\$19.75 - 2 PIECES)

ADD: BREAKFAST FRUIT AND CREAM PASTRIES, MUFFINS & FRENCH BUTTER
CROISSANTS JAM, MARMALADE & WHIPPED BUTTER (\$3.50)

ON THE RUN

OATMEAL BOWL WITH ALMOND MILK TOPPED WITH PEANUT BUTTER AND JAM
EGGERS - FRIED EGG WITH CHEESE, SPINACH SPREAD, BACON, TOMATO ON
ENGLISH MUFFINS FRESH WHOLE FRUIT
GLUTEN FREE APPLE, CARROT, AND OATMEAL MUFFINS
(\$18.50)

ADD TO YOUR BREAKFAST

BREAKFAST FRUIT AND CREAM PASTRIES, MUFFINS & FRENCH BUTTER
CROISSANTS JAM, MARMALADE & WHIPPED BUTTER (\$3.50)

ASSORTED CEREALS & MILK (\$3.50)

BAGELS WITH CREAM CHEESE- \$3.75 ASSORTED CHEESE WITH FRUIT (\$7.00)

SEASONAL WHOLE FRUIT (\$2.25)

INDIVIDUAL MUFFINS (\$3.25)

FAVOURITES BY THE DOZEN

ASSORTMENTS OF MUFFINS WITH WHIPPED BUTTER AND PRESERVE
(\$38.00/DOZEN)

BUTTER MINI CROISSANTS WITH WHIPPED BUTTER AND PRESERVE
(\$38.00/DOZEN)

ASSORTMENT OF MINI-DANISH PASTRIES WITH WHIPPED BUTTER AND
PRESERVE
(\$38.00/DOZEN)

VARIETY OF FRESHLY BAKED COOKIES
(\$34.00/DOZEN)

ASSORTED SQUARES AND TARTS
(\$34.00/DOZEN)

TEA BISCUITS PLAIN AND CHEDDAR CHEESE
(\$34.00/DOZEN)

COFFEE CAKES/ APPLE CINNAMON, CHOCOLATE RASPBERRY, LEMON OR
MAPLE
(\$38.00)

FLORENTINES
(\$23.00)

HEALTHY TREAT

OATMEAL BOWL WITH ALMOND MILK TOPPED WITH PEANUT BUTTER AND JAM
(\$5.50)

YOGURT GRANOLA BOWL TOPPED WITH CHOCOLATE COCONUT CRISPS (\$5.50)

GLUTEN FREE APPLE, CARROT, AND OATMEAL MUFFINS (\$3.25)

ALMOND, CRANBERRIES, ORANGE, AND PEANUT BUTTER BAR (\$2.75)

GLUTEN FREE, COCOA, BLACK BEAN, AND COFFEE BROWNIES (\$2.75)

BREAKFAST SMOOTHIES

ESPRESSO, BANANA, PEANUT BUTTER, HONEY, AND ALMOND MILK (\$8.50)

COCONUT, PEAR, PINEAPPLE WITH CHIA SEED AND MINT (\$8.00)

SPINACH AND APPLE WITH HONEY, KALE, CUCUMBER, AND LEMON (\$8.00)

ORANGE, TURMERIC, GINGER AND PUMPKIN SEEDS (\$8.00)

BEVERAGES

COFFEE OR TEA \$3.50

JUICE (ORANGE, APPLE, OR CRANBERRY) - \$3.50 WATER BOTTLE - \$ 3.50

SPARKLING WATER - \$4.00

MILK - \$ 4.00

COFFEE AND TEA BY POT: 10 CUPS - \$32.00

30 CUPS - \$95.00

60 CUPS - \$185.00

ALL PRICES ARE SUBJECT TO 18% ADMIN FEE AND 15% HST