

Hello

On behalf of our Board of Directors I would like to welcome all returning members as well all of our new members to Senobe!

Our full week of regular programming begins **Tuesday July 4**.

The first 1-2 weeks can feel a little hectic as everyone gets settled into their routine; we appreciate your patience during that time and hope the following information can make it easier for you and your kids to have a great summer!

Communication

Our website contains a wealth of current information including schedules, news and frequently asked questions. We will also be distributing weekly newsletters by email each week. You should all be on the distribution list for these; if you are not receiving them, please email membership@senobe.com.

Please see your assigned coach with any questions you have related to the paddling program.

Please email membership@senobe.com with any other questions you may have. If you have concerns, please let us know right away so that we can work to resolve them as early in the season as possible.

Come Prepared

All paddlers should be wearing sunscreen when they arrive and know how to apply it.

To bring every day:

- Water bottle, lunch, snacks
- Spare set of dry clothes
- Towel, hat, sunscreen
- Pfd/lifebelt, bun (for canoeing)
- Rain gear and warm clothing on rainy days

Clothing, Belts, Buns, Singlets

All paddlers require a bun or block. All Atom require a Senobe T-shirt for racing and all other paddlers require a singlet; these items can be purchased at the canteen. We do tend to sell out so please do not wait until the last minute to get what you need!

Rainy Days: As long as there are not thunder and lightning warnings in the forecast we still paddle and swim outside. Your children will need rain gear as well as all of their regular Senobe gear these days.

The camp staff plans for rainy days with fun and engaging programming.

Lifeguards and Beach

Because the Senobe beach can get extremely busy, we have established safety rules for our swimmer's dock:

- No more than 10 children at any given time will be permitted on the dock
- Any child under the age of 5 years should have an adult/parent/caregiver within arm's length while swimming or playing on the beach.
- Lifeguards on duty have full authority to stop any rough play in the water or on the beach.
- If the Lifeguards feel there are too many children in the water any given time they have the right to limit access until they feel it's safe for more swimmers to join in.

[Safety is our number one priority at Senobe and we appreciate your assistance in keeping our club safe.](#)

Summer Schedule

The summer paddling schedule and coaches for all of our athletes programs is published [here](#) on our website as well as posted at the club.

Benefits of Membership

As members you have full access to the beach and club - please enjoy it! Any parents or sibling who want to give paddling a try, we have open paddling 6:30pm Mon - Thur. You will also be invited to all Senobe social events.

Calendar of events- Summer race schedule

The 2017 summer race schedule is found here: [ADCKC 2017 Event Schedule Draw & Results](#)

As we approach race days, the draws will also be found here and results are posted after the events.

Congratulations to all of the Senobe athletes who competed at this past weekend's National Team Trials!

Connor Fitzpatrick
Mark James
Luke Stienburg
Riley Melanson
Jessica Hogg
Christine George

Somer MacEachern
Katie VanBerkel
Jack Leahy
Maeve Leblanc
Lily Baert
Ava Carew

And a huge Thank You to our Senobe volunteers who manned the canteen, bar and safety boats this weekend!

Senobe Sweepstakes

The annual Senobe Sweepstakes fundraiser will kick-off on Friday June 30. Tickets will be available for pickup on Friday at Senobe Funday, or you can contact Anna at fundraising@senobe.com to make alternate pickup arrangements.

Safety Boat Volunteers: We need your help!

No special training required...and you get the best seat in the house to watch the kids paddle. All the clubs on the lake have a responsibility to supply safety boat volunteers for every regatta; if a club does not provide a volunteer for a scheduled shift then no paddler from that club will be allowed to race.

*****We need two volunteers for Sunday, July 9th for the U16 Open #2*****

All you need to bring is water, snacks, sunglasses and sunscreen. It is always good to bring a jacket too as sometimes the wind on the lake can be cool and we race rain or shine. A very comfortable pfd is supplied for your safety. You will be with a lake patrol and your responsibility is to help tipped paddlers - bring the paddler in the boat and help hang onto the boat as you return the paddler to their dock.

If you have any questions or would like to be included in the roster of folks to be contacted for short safety boat shifts please contact Emily Myers -ehmily@hotmail.com

Code of Conduct

The Senobe Code of Conduct is found [here](#) and is to be adhered to at all times.

Please review it with your children; failure to comply can result in suspension or termination of membership.

- A big part of this is we are to always be respectful to one another on and off the dock. Displays of poor sportsmanship amongst our peers including in the crew boats (name calling, using profanity, etc...) will not be tolerated. Please make sure your children understand we are to be supportive and encouraging of each other at all times. Let's be a fun, safe place for everyone

We hope that you and your children have a wonderful summer at Senobe!

Social Media

Please bookmark our webpage: <http://www.senobe.com/home/>

Like our [Facebook](#) page to keep up to date on last minute announcements & news, follow us on Instagram (username SenobeAquatic) and [here](#) on twitter.

If you have photos you'd like to share with us to post on any of our social media sites, please send to senobe.communications@gmail.com for review.

To unsubscribe please click [here](#) and put remove in the subject line -
Thank you