

Comfort & Care, On Your Terms

Experience the ease of 55+ living with personalized lifestyle packages, pet-friendly suites, and access to professional healthcare - all in a vibrant and supportive community you’ll be proud to call home.



LIFESTYLE

Convenience in style

Live freely in a spacious, well-equipped suite with everything included in one monthly rate. No maintenance, no unexpected costs—just comfort and convenience on your terms.

What's Included

- Full kitchens with all appliances
- In-suite washer and dryer (1 & 2 BDR)
- Separate entrance (Access via One Valet)
- Balconies available in some suites



LIFESTYLE PLUS

Worry-Free Living

Perfect for those ready to step back from cooking and cleaning, this package includes daily meals and housekeeping—freeing you to relax, recharge, and enjoy your day.

What's Included

- Kitchenettes in each suite
- Shared laundry areas
- Single meal plan in our restaurant
- Weekly housekeeping



SUPPORTIVE LIVING

A Bit More Help

For residents who want the convenience of Lifestyle Plus services and just a bit more help day-to-day—this level of support provides comfort, confidence, and peace of mind.

What's Included

- Everything from Lifestyle Plus
- Full meal plan in our restaurant
- Assistance with medications
- Light support with daily functions
- Weekly shower assistance



ASSISTED LIVING

Personalized Care & Attention

Best suited for residents who require more assistance with everyday living. This is a comfortable, supportive environment with professional care always nearby.

What's Included

- Separate dining and lounge areas
- Up to 60 minutes support with daily functions
- Visual night checks
- Professional caregiving staff on-site
- Access to a doctor and pharmacy

WHAT'S INCLUDED	 LIFESTYLE	 LIFESTYLE PLUS	 SUPPORTIVE LIVING	 ASSISTED LIVING
Living Space				
 Apartment Sizes	428-1,381 ft ²	329-925 ft ²	329-925 ft ²	329-925 ft ²
 Kitchen Layout	Full	Kitchenette	Kitchenette	Kitchenette
 In-Suite Laundry	Yes	No	No	No
 Window Treatments	✓	✓	✓	✓
 Temperature Control	✓	✓	✓	✓
 Balcony Options	✓	Limited	Limited	Limited
Convenience				
 24 HR Safety & Security	✓	✓	✓	✓
 Internet, Phone, TV (Rogers Ignite)	✓	✓	✓	✓
 All Utilities & Tenant Insurance	✓	✓	✓	✓
 Activities & Entertainment	✓	✓	✓	✓
 Pet Friendly	✓	✓	No	No
Hospitality				
 Concierge Services	✓	✓	✓	✓
 Local Transportation Services	\$	✓	✓	✓
 Restaurant Dining	\$	Single	Full	Full
 Housekeeping	\$	Weekly	Weekly	Daily
 Personal Laundry & Linens	—	\$	✓	✓
Support				
 Access to On-Site Physician	✓	✓	✓	✓
 Stonemont Wellness Program	—	✓	✓	✓
 Medication Administration	—	\$	Basic	Advanced
 Personal Support (Daily)	—	\$	30 min/day	60 min/day
 Shower Assistance	—	\$	Weekly	Twice Weekly
 Visual Night Checks	—	—	\$	✓
 Dedicated Living Area	—	—	—	✓