

Breakfast

Breakfast includes a selection of juice, coffee and tea with the residents choice of eggs, toast, cold cereal, hot cereal and/or a muffin. Fruit and yogurt are also available.

Daily Lunch*

All lunch meals come with your choice of drink: V8, tomato juice, soft drinks, fruit juices, or water

DAILY & WEEKLY SALADS

House Salad

Ontario Field Greens, tomato, cucumber, carrot, cabbage, sunflower seeds with choice of dressing.

Cesar Salad

Romaine Cesar, Croutons, Bacon, with Cesar Dressing. Add Salmon and/or Chicken upon request.

Weekly Salad

Strawberry salad

DAILY & WEEKLY SOUP

Broccoli Cheddar Soup or Lamb & Lentil Soup

SPECIAL OF THE DAY

Seafood Salad Croissant

Lettuce, tomato, dill and flakey croissant with sweet potato fries

5 à la Carte Choices Available

Ask the server for more details

DESSERT SÉLECTIONS

Ice Cream

Cheese Plate with
Grapes & Crackers

Fresh Fruit

Dessert Special
of the Day

SPECIAL EVENTS

From time to time we will have brunches, salad bars, buffets, and special events together!

**This is a sample. Menu items will vary.*

Daily Dinner Specials*

*All lunch meals come with your choice of drink:
V8, tomato juice, soft drinks, fruit juices, or water*

SOUPS OF THE DAY

Broccoli Cheddar Soup or Lamb & Lentil Soup

DAILY & WEEKLY SALADS

House Salad

*Ontario Field Greens, tomato,
cucumber, carrot, cabbage,
sunflower seeds with choice
of dressing.*

Ceasar Salad

*Romaine Ceasar,
Croutons, Bacon, with
Ceasar Dressing.
Add Salmon and/or Chicken
upon request.*

Weekly Salad

Strawberry salad

DINNER SPECIAL OF THE DAY

Roasted Paprika Boneless Chicken Thighs with gravy

5 À LA CARTE CHOICES FOR DINNER

Fish of the Day (Salmon or Trout)

Canadian Petite Tenderloin Roast served with sides of the day

Chicken Breast served with side of the day and gravy

Weekly Pasta Dish

Sandwiches

DESSERT SÉLECTIONS

Ice Cream

Cheese Plate with
Grapes & Crackers

Fresh Fruit

Dessert Special
of the Day

WINE OF THE MONTH

by the Glass - \$6.50 (5 oz)

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