

Recreation, Activity, and Social Calendar

Summer Sample

<div>EVENTS LEGEND:</div> <div><div>Outings (Signup Required)</div><div>Live Entertainment</div><div>Special Events</div></div> <div><div>Clinic (Appointment Required)</div><div>Wellness Events</div></div>		<div>WEDNESDAY</div> <div>10:00 Chair Aerobics</div> <div>11:00 Coffee &amp; Chat</div> <div>1:30 Indoor Walk</div> <div>2:00 Baking with Rebecca</div> <div>7:00 Shuffleboard</div>	<div>THURSDAY</div> <div>10:00 Chair Aerobics</div> <div>10:30 Book Club</div> <div>2:00 Group Shopping Trip</div> <div>3:30 Card Games</div> <div>7:00 Movie Night</div>	<div>FRIDAY</div> <div>10:00 Chair Aerobics</div> <div>2:00 Indoor Walk</div> <div>7:00 Shuffleboard</div>	<div>SATURDAY</div> <div>2:00 Shuffleboard</div> <div>7:00 Movie Night</div>	<div>SUNDAY</div> <div>2:00 Coffee &amp; Chats</div> <div>7:00 Movie Night</div>
<div>MONDAY</div> <div>10:00 Chair Aerobics</div> <div>11:00 Resident Council</div> <div>2:30 Aqua Fit</div> <div>3:00 Outdoor Walk</div> <div>3:30 Cribbage Game</div> <div>7:00 Shuffleboard</div>	<div>TUESDAY</div> <div>10:00 Covid-19 Booster Clinic Begins (Appointment Needed)</div> <div>10:00 Chair Aerobics</div> <div>10:30 Manicures with Rebecca</div> <div>2:00 Music with Ellen &amp; Keith</div> <div>3:30 Shuffleboard</div> <div>7:00 Movie Night</div>	<div>WEDNESDAY</div> <div>10:00 Chair Aerobics</div> <div>11:30 Indoor Walk</div> <div>2:00 Bingo</div> <div>3:00 Ice Cream Sandwich Social</div> <div>7:00 Shuffleboard</div>	<div>THURSDAY</div> <div>10:00 Chair Aerobics</div> <div>10:30 Book Club</div> <div>2:00 Music with Deborah &amp; Alan</div> <div>3:00 Yoga with William</div> <div>3:30 Outdoor Walk</div> <div>7:00 Movie Night</div>	<div>FRIDAY</div> <div>10:00 Clinic Day (Appointment Needed)</div> <div>10:00 Chair Aerobics</div> <div>2:00 Craft Time</div> <div>3:30 Shuffleboard</div> <div>6:30 Jammin' with Grant &amp; Friends</div>	<div>SATURDAY</div> <div>2:00 Shuffleboard Tournament</div> <div>7:00 Movie Night</div>	<div>SUNDAY</div> <div>2:00 Game of Pool</div> <div>7:00 Movie Night</div>
<div>MONDAY</div> <div>10:00 Chair Aerobics</div> <div>10:30 Coffee &amp; Chat</div> <div>2:30 Aqua Fit</div> <div>3:00 One-on-one Time</div> <div>7:00 Shuffleboard</div>	<div>TUESDAY</div> <div>10:00 Chair Aerobics</div> <div>10:30 Technology Assistance</div> <div>11:00 Discussions with Chef Art</div> <div>2:00 Emergency Preparedness Presentation</div> <div>3:30 Shuffleboard</div> <div>7:00 Movie Night</div>	<div>WEDNESDAY</div> <div>10:00 Chair Aerobics</div> <div>10:30 One-on-one Time</div> <div>2:00 Outdoor Walk</div> <div>3:00 Craft Time</div> <div>6:30 Chamber of Commerce SHOP Talk Presentation</div>	<div>THURSDAY</div> <div>10:00 Chair Aerobics</div> <div>10:30 Outdoor Coffee &amp; Chat</div> <div>2:00 Music with South Wind</div> <div>3:30 Strawberry Shortcake Social</div> <div>7:00 Movie Night</div>	<div>FRIDAY</div> <div>10:00 Chair Aerobics</div> <div>10:30 Outdoor Coffee &amp; Chat</div> <div>1:30 Church Service with Rev. Patrick Morris</div> <div>2:30 Cooking with Michelle</div> <div>7:00 Indoor Walk</div>	<div>SATURDAY</div> <div>10:00 Bridgewater Farmers' Market</div> <div>2:00 Outdoor Walk</div> <div>7:00 Movie Night</div>	<div>SUNDAY</div> <div>2:00 Indoor Walk</div> <div>7:00 Movie Night</div>
<div>MONDAY</div> <div>10:00 Chair Aerobics</div> <div>10:30 Outdoor Coffee &amp; Chat</div> <div>2:30 Aqua Fit</div> <div>3:00 Outdoor Walk</div> <div>3:30 One-on-one Time</div> <div>7:00 Shuffleboard</div>	<div>TUESDAY</div> <div>10:00 Chair Aerobics</div> <div>10:30 Outdoor Coffee &amp; Chat</div> <div>2:00 Group Shopping Trip</div> <div>3:30 Shuffleboard</div> <div>7:00 Movie Night</div>	<div>WEDNESDAY</div> <div>10:00 Chair Aerobics</div> <div>10:30 Gardening</div> <div>1:30 High Tea Community Event</div> <div>7:00 Indoor Walk</div>	<div>THURSDAY</div> <div>10:00 Chair Aerobics</div> <div>10:30 Book Club</div> <div>2:00 Music with The 3 G's</div> <div>3:00 Yoga with William</div> <div>7:00 Movie Night</div>	<div>FRIDAY</div> <div>10:00 Chair Aerobics</div> <div>2:00 Indoor Walk</div> <div>7:00 Shuffleboard</div>	<div>SATURDAY</div> <div>10:00 Bridgewater Farmers' Market</div> <div>2:00 Outdoor Walk</div> <div>7:00 Movie Night</div>	<div>SUNDAY</div> <div>10:00 Coffee &amp; Chats</div> <div>2:00 Shuffleboard</div> <div>7:00 Movie Night</div>
<div>MONDAY</div> <div>10:00 Chair Aerobics</div> <div>10:30 Outdoor Coffee &amp; Chat</div> <div>2:30 Aqua Fit</div> <div>3:00 Outdoor Walk</div> <div>3:30 One-on-one Time</div> <div>7:00 Adult Colouring</div>	<div>TUESDAY</div> <div>10:00 Chair Aerobics</div> <div>10:00 Discussions with Chef Art</div> <div>10:30 Technology Assistance</div> <div>2:00 Music with The Truelove Duo</div> <div>3:30 Darts</div> <div>7:00 Movie Night</div>	<div>WEDNESDAY</div> <div>10:00 Chair Aerobics</div> <div>11:00 Coffee &amp; Chat</div> <div>1:30 Indoor Walk</div> <div>2:00 Baking with Rebecca</div> <div>7:00 Shuffleboard</div>	<div>THURSDAY</div> <div>10:00 Chair Aerobics</div> <div>10:30 Book Club</div> <div>2:00 Group Shopping Trip</div> <div>3:30 Card Games</div> <div>7:00 Movie Night</div>	<div>CLINIC DAY (Based on Availability)</div> <div>Must make an appointment.</div> <div>PLEASE NOTE</div> <div>Event dates and details are subject to change.</div>		