



Spring and Summer Wish List

Consider an e-transfer to accounting@adsumforwomen.org and we will do the shopping for you. Please put your mailing address and any instructions in the notes.

Our Biggest Wishes – New items only:

- Gift Cards – coffee, grocery, drug and department stores - \$10 - \$50 value please
- Adult Bus Tickets
- Women's PJs – XS – 3X – summer
- Men's and Unisex PJs – small to XXXL
- Women's underwear all sizes
- Phone Cards – Lucky and Chatter SIM cards and Top Up cards
- Adult Colouring Books, Markers, Coloured Pencils and Craft Supplies
- Ear Buds and Headphones

Toiletries:

- Lip Balm
- Full size Shampoo and full-size Conditioner (not 2 in 1)
- Full size Body Wash
- Full size Body Lotion
- Hair product for Curly/Kinky hair
- Deodorant
- Nail Care set
- No - travel size toiletries, vitamins, or medication please

Children Items:

- Kids shampoo and conditioner/bodywash
- Any activities for spring/summer vacation
- Kids colouring books
- Crayons, markers, pencil crayons and craft activities
- Sidewalk chalk
- Bubbles
- Kids snacks
- Skipping ropes
- Outdoor games and activities
- Gift cards to activities (cineplex, bowling, discovery centre, etc)

DELIVERY - We are accepting new unwrapped donations at 107 Housing Support office
107 Albro Lake Rd. Dartmouth - Monday to Friday - 9:30-4:00

For questions please contact Kathy.mcnab@adsumforwomen.org 902-266-2650